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UP FRONT

Celebrating the graduation of the Classes of 2018 from schools across the area.....Pages 5 - 12

SPORTS

Rain delays, busy diamonds for league finals and Provincials play-downs.....Page 13



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HERE'S TO A BRIGHT FUTURE, GRADS!

Vol. 37 No. 25

Tuesday, June 26, 2018

\$1.10 GST Included

Heinsburg shines spotlights on Class of 2018

VICKI BROOKER
Review Staff

The nine students who make up Heinsburg Community School's Class of 2018 were the stars of

the show on Friday night, entering the school's auditorium in caps and gowns under the glare of spotlights and taking their places on stage in front of a large replica of the HOLLYWOOD sign amidst a wave of applause from their audience of proud family mem-

bers, school staff and dignitaries. Across the stage at their feet were stars bearing each graduand's name.

Their ceremonial arrival followed a dinner blessed by Allen Quinney, and a warm welcome by vice principal Keith Dawson, who noted, "This school sits on Treaty Six territory, home of many First Nations," and thus was an especially fitting site for this celebration of accomplishment by graduands Tatum Abraham, Shayden Abraham, Jayden Abraham, Keara Abraham, Rachel Dion-Delver, Justice Dion Daniels, Aaliyah Stanley, Courtney Stanley-Whitehead and Alyssa Stanley.

Teacher Brenda Paulo-Begg toasted the graduands, saying, "It is such an honour to be chosen from among amazing, incredible teachers. Together, we have traveled the road to today with challenges and joys, and I had to do this because I love you, you are embedded in my heart."

Paulo-Begg has known some of the students since kindergarten, and had personal comments for each of the grads. "This is the first stepping stone to accomplish your goals. I am proud of you and love each of you like my own child. Move forth and prosper."

Aaliyah Stanley replied, with "a very special thank you to Mrs. B. She gave us the motivation, she is like a mother to us and she started us on the road into the world as responsible adults."

Justice Daniels-Dion toasted the parents, telling them that the students' graduation is "a testament to your success as parents. Thank you for the unconditional love and support in this journey."

Charles Daniels replied that, "It is our privilege to be here today. It is not long since you were little boys, little girls, and now you are moving along to greater things."

(Continued on Page 2)



STARS OF THE SHOW - Heinsburg Community School's Class of 2018 takes a moment to relax after their procession to the stage for Friday's graduation ceremonies. Left to right are Courtney Stanley-Whitehead, Alyssa Stanley, Aaliyah Stanley, Justice Dion-Daniels, Rachel Dion-Delver, Tatum Abraham, Shayden Abraham, Keara Abraham and Jayden Abraham.

Vicki Brooker photo

Elk Point's Canada Day 2018 activities ready to roll

VICKI BROOKER
Review Staff

Canada Day is just five days away, and Elk Point organizations and individuals are putting the final touches on their July 1 plans, with the Canada Day Committee holding their final planning meeting last week to tweak a non-stop schedule from the pancake breakfast to the last dance.

The pancake breakfast, hosted by the Friends of Elk Point Municipal Library, goes from 8 a.m. to 10:30 a.m., rain or shine, at the library. After breakfast, stop by Lakeland Realty between 10 a.m. and parade time for your annual ice cream treat, courtesy of Shirley and Glen Harms.

Lineup on Railway Ave. for the

Elk Point Lions and Community Lions parade begins at 8 a.m., and groups that wish their entries to be judged must be in the lineup by 9 a.m. Late arriving entries can take part in the parade, but will not be judged for the prizes. Participants are allowed to park their entries in the lineup and then leave to attend the pancake breakfast.

Youngsters with decorated bicycles are asked to be at the EcoCentre by 10:30 a.m. to take part in the parade.

The parade heads up Main Street at 11 a.m., and will follow the traditional route, heading west on 52 Ave. past Parkview Extended Care and Buckingham House, south on 54 Street to 50 Ave. and east past Heritage Lodge and the Healthcare Centre, turning south on 53 Street to 49 Ave., then east to 51

St. and south to return to Railway Ave.

Following the parade, St. Vladimir's Ukrainian Orthodox Church will once again be serving up their wonderful pyrohy dinner at the Seniors' Recreation Centre, beginning at 11 a.m.

The official Opening Ceremonies will kick off the afternoon at 1:00 p.m. on the Canada Day stage.

This year's schedule is different, in that there is no stage entertainment in the afternoon. Instead, there will be an array of family-friendly backyard games, from bean-bag toss to horseshoes, around the area, as well as the bounce houses, face painting and other attractions.

Food vendors will be on site, and Elk Point Royal Purple and Elk Point Further Education are once again team-

ing up to provide birthday cupcakes, served in the A. G. Ross Arena foyer following the opening ceremonies.

At the other end of the arena, the Elk Point Elks Lodge's outdoor beer garden will be held in the tennis court all afternoon.

Back down at the Seniors' Recreation Centre, the annual Canada Day Jamboree gets underway at 7 p.m., with good country music.

The Canada Day Dance, featuring the music of Mid Life Crisis, starts at 9 p.m. for the adults, while a free outdoor movie, 'Coco,' courtesy of the County of St. Paul and Elk Point FCSS, will entertain the youngsters north of the arena, starting at dusk.

Fireworks are slated to start about 11 p.m. to end the day with a bang!

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HEINSBURG COMMUNITY SCHOOL TRADITIONS include the presentation of eagle feathers to each grad by their elder, above, and the annual passing on of the school colours. At left, Justice Daniels presented the colours to Gabrielle Potts-Abraham of the Class of 2019.

Heinsburg

(Continued from Front Page)

The toast to the staff came from Courtney Stanley-Whitehead, who thanked them “most of all for teaching me hard work and perseverance.”

Dawson replied that it is “an honor for the staff to help you achieve, to guide you to those lofty virtues. What you have learned is the tip of the iceberg, an introduction to the complexity of life. Go forward and pursue happiness, but remain humble. Experience what the world has to offer, critique it, but participate in it. Happy journeys to you all.”

The annual ceremony of passing the school colours to a member of the next graduating class saw Justice Daniels present the colours to Gabrielle Potts-Abraham.

Marjorie Scott presented each grad with a gift from the Heinsburg Community Club, and told them, “The community is so proud of you, you’ve worked so hard and wonderful things are ahead of you.”

William Quinney brought greetings from Frog Lake Chief and Council, and thanked the Creator for providing a beautiful day for the graduands and “for getting them to this stage.” He thanked Allan Quinney for the dinner blessing, the families and escorts, but most of all, the staff. “Thank you for getting our kids here. It took hard work and patience, but they’re here. It is so special to see our young ones on this stage, it gives our people hope.” He told the students they

COURTNEY STANLEY-WHITEHEAD toasted the teachers and school staff for their part in the Claass of 2018’s success.

have “big shoes to fill. You’ve got a lot of work ahead of you. Don’t let thoughts of failure scare you, let it inspire you. Straighten your shoulders, your backs and your legs. Be a little selfish on your journey; if you are to help people, help yourself first. Always remember where you came from and those who got you there and who will support you in the future.”

Following the presentation of roses to family members by the grads, the grads and their elders lined up for a very special ceremony, the blessing and presentation of eagle feathers to each grad.

Principal Carmen McLeod joined Dawson to present scrolls before she gave the ceremony’s closing remarks, thanking the families for their ongoing support, the staff for the endless hours that brought about this great day, St. Paul Education, Assistant Superintendent Dalane Imeson and school trustee Lorne Young, Cheri Lindquist, the grad committee, parents and families. She thanked the graduands for being “positive role models. We all came together to celebrate the end of a journey that started 13 years ago. I see in this class a clear picture of what Heinsburg Community School is all about. You are good citizens. Pursue your dreams, pursue your passion to the fullest. Life is more enjoyable when you’re doing what you love. Don’t forget where you came from, roots ground you when you struggle. Thank you for the opportunity to get to know you and be a part of your lives.”



UPCOMING AUCTIONS

Saturday, June 30, 2018 at 10:00 A.M.

MERLE TENNEY

Sale Location: From Lloydminster, 14 Miles North on Hwy 17 to Sec Hwy 45/Hwy 3 (Alcurve Corner), 1¼ Miles East, North Side. Antiques & Collectibles* Saddles* Household* Shop, Yard & Misc. For More Information, Please Call Merle at 780-875-5999. CONSIGNMENT: 2005 GMC Sierra. For More Information, Please Call Wayne Bosch at 780-672-3450.

DATE & LOCATION CHANGE

Wed. July 11, 2018 at 10:00 A.M.

VERMILION & DISTRICT HOUSING FOUNDATION

Sale Location: Vermilion Valley Lodge, 4610 - 53 Ave.

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LONG TIME IRON HORSE TRAIL VOLUNTEER and groomer operator, Danny Smyl, was presented with the Alberta TrailNet Trail Tracker Award by Marvin Bjornstad. This award is for significant contribution of time and effort to improve and achieve ATN's mission and objectives, especially on specific trails.

Submitted photo

Two Albertans honoured for their dedication to recreational trails

ALBERTA TRAILNET
Review Contributor

Two Albertans received recognition awards at the Alberta TrailNet Society Annual General Meeting in June 2018.

Wayne Marshall of Calgary received the annual Trail Blazer Award for his volunteer work in mobilizing volunteers to rebuild The Great Divide Trail that runs from Waterton National Park in the south to Kakwa Provincial Park in the north.

Danny Smyl of St. Paul was the first time recipient of the Trail Tracker Award for his work as a founder and continuing supporter of Alberta's Iron Horse Trail in Northeast Alberta and the development of the Trans Canadian Snowmobile Trail, as well as for obtaining funds for the rebuilding of the Beaver River trestle bridge on that trail.

"These individuals have made significant contributions and demonstrated long-standing commitment to and involvement in trail planning and development in Alberta," said Ross Hayes, TrailNet's board president. "These trails are important locally, regionally and nationally as sections of Trans Canada Trail's 'The Great Trail.' They provide opportunities for recreation and tourism, support active living and community development, and offer alternative transportation choices."

Alberta TrailNet Society is Alberta's provincial trail council, a non-profit organization governed by a board of directors including representation from multiple provincial trail user associations.

County to test road stabilizing product

CLARE GAUVREAU
Review Staff

With an eye on improving road surfaces and saving money on road maintenance over the long-term, County of St. Paul council has given the go ahead to its public works department to test a new road stabilizing product.

Guardian Chemicals Inc., a Fort Saskatchewan-based company, made enough of an impression at the June 12 County of St. Paul meeting to convince councillors to try its relatively new product Roadtek this summer on the Richland Road rebuild in Division 2.

Guardian Chemical spokesman JD Roth said Roadtek was developed out of recognition of the ever-increasing costs for road maintenance and reconstruction being faced by municipalities. In some area, it's the biggest expense municipalities face on an annual basis.

"People were looking for something to strengthen roads, so they are not having to constantly patch and re-grade roads," Roth said, which is where Roadtek comes into play.

"We are not experts in road construction, we are experts in the chemical application," Roth told council in explaining the advantages of Roadtek as a road stabilizing product.

Roadtek acts to bind existing road materials and aggregates to resolve problem areas and increase their strength and moisture resistance, according to the company's product description. Described as environmentally safe, suitable materials that Roadtek can be used

on include "reclaimed and recycled oiled and aged surfaces, recycled asphalt products such as asphalt millings, existing aggregates and native soils, ditch pull material and standard road construction aggregates."

"We've never had an issue where we've ruined a road. There is nothing in the product that would have a detrimental impact on the road," Roth assured council, adding that after six years, which is when the product first started being used, roads are showing no signs of deteriorating.

Guardian Chemicals claims that in addition to strengthening and stabilizing road surfaces to guard against such things as potholes, ruts and washboards, the product will also control dust. Roads can be top coated and chip sealed after Roadtek treatment to provide a fully waterproof surface that outperforms conventional gravel, oil or cold-mix treatments.

All of this was enough to convince council to try the product on the Richland Road, which is a high traffic, high load area.

"Richland is our number one this year," Reeve Steve Upham said, noting an estimated 300,000 tons of gravel to be hauled from pits down that road this year.

"Super B's coming from gravel pits, 250,000 lbs, even when the road is wet, it can hold up to those weights," Roth said, in explaining lab test results.

"The best lab is out on the roads where it is applied," Coun. Dale Hedrick observed.

(Continued on Page 14)

Town of Elk Point

CELEBRATE CANADA DAY FESTIVITIES

Sunday July 1st

8am-9am Parade Line Up @ Eco Centre Railway Avenue
8am-10am Pancake Breakfast @ Elk Point Library
10am-12pm Ice Cream @ Lakeland Realty
11am Parade
11am-12pm Perogy Dinner @ Pioneer Seniors' Centre
12pm-5pm Family Activities & Games Northwest of Arena
12pm-4pm Vendors Open Northwest of Arena
12pm-9pm Outdoors Beer Gardens @ Tennis Courts
1pm Opening Addresses @ Canada Day Stage
7pm Jamboree at Pioneer Seniors' Centre
9pm Canada Day Dance feat. Mid Life Crisis
to benefit Curling Club \$10 at the door
Dusk Family Friendly Movie in the Park North of Arena
Fireworks at Dusk
thanks to Town of Elk Point & County of St. Paul

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126 ACRE FARM



7002 HWY 29

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MLS# E4111087 \$470,000

NEW PRICE



5007-57 AVENUE

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- Upgrades, Hardwood, Lg Family Room
- 2 Large Fenced lots, Well-landscaped, Dbl garage, RV parking

MLS# E4099054 \$299,000

ACREAGE



7121 TWP RD 574

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CONGRATULATIONS GRAD CLASS OF 2018

EDITORIAL

Canadian, eh?

Compared to Americans, Canadians tend to be low key patriots. Not many of our yards sport flagpoles, with the maple leaf waving proudly for all to see, and a majority of us don't even sing along with the national anthem.

Perhaps that's because we hoard all our love for this country for one day a year. Canada Day brings out the flags, t-shirts, special hats and baby bibs. We paint maple leaves on our faces, we spend days decorating floats, and we celebrate from dawn to final fireworks.

The rest of the year, we bank that fire to a modest glow, probably because we're Canadiens, eh?

GUEST COLUMN

Safety comes first in summer fun

BY JOHN RIMMER
Alberta Health Services

This summer will be filled with many opportunities for children to experience and share with family and friends. While there are many fun and exciting things to do this summer, safety must always come first. Here are some tips to keep you safe this summer while enjoying all the opportunities available to you.

Sun Safety

There are many outdoor activities that go on during the summer months; going to the beach, playing in the park, or even working in the back yard. Protecting you and your family from the sun's harmful ultraviolet (UV) rays must be a priority every time you plan to be outdoors. According to Health Canada, there are some tips you should follow:

- Avoid needless exposure to the sun.
- Protect your eyes by wearing UV-blocking sunglasses.
- Select shaded areas for outdoor activities.
- Protect your skin with Clothing such as a broad brimmed hat, long-sleeved shirt, and long pants. Tuck a handkerchief under the back of your hat to help prevent sunburn on the neck.
- If you can't cover up, use a sunscreen containing a Sun Protection Factor (SPF) of at least 15, verify it has both UVA and UVB protection, re-apply every two hours and after sweating or swimming.
- Avoid using sun lamps.
- Some medication can make skin more sensitive to UV rays, consult your doctor if you have any questions.
- Don't let infants or children play or sleep in the sun in a playpen, carriage, stroller, etc.
- Get children used to wearing sunscreen lotion, paying particular attention to the most exposed parts - the lips, face, neck, shoulders, back, knees and tops of feet.
- People can use both sunscreen and insect repellents when they are outdoors to protect their health. Follow the instructions on the package for proper applications of each product. Apply the sunscreen first, followed by the insect repellent.

Camping safety

One very popular activity in the summer is camping. The hustle of everyday work life can take its toll on everyone, so being able to escape to a camping get away to a great way to spend quality time with family and friends. Here are some tips to make your camping experience safe and enjoyable for everyone:

- Bring a first-aid kit which includes treatments for food and insect allergies.

(Continued on Page 14)



WAY BACK WHEN...

Increased chamber involvement, barking dogs, hospital reunion

HERE'S THE NEWS THAT MADE THE HEADLINES OF THE LAKELAND REVIEW AND ELK POINT REVIEW FOR THE WEEK OF JUNE 25 IN...

1988

The second annual Jan Frisby Memorial Slowpitch Tournament saw 16 teams compete at Whitney Lake Ball Park, and 'Men At Work,' a team that included Darcy Youngmans, Troy Lorensen, Murray Cochrane, Tracy Lorensen and Carrie Stafford, winning the 'A' final. Elk Point Chamber of Commerce jumped into high gear with increased involvement in the Canada Day celebrations, Larry Demchuk volunteering to head up a committee that took over the pancake breakfast from the former hosts, a group of merchants in the 50 St. and 51 Ave area, and Dave Yake heading up a committee to run the July 2 beerfest and dance.

1993

Barking dogs disturbed residents' sleep, with Mayor Ed Buck among those registering complaints and reporting that since when the bylaw officer approached the owner of one of the offending dogs, the owner denied that his animal was to blame, it will be necessary to catch the barkers in action. Alberta Power crews completed the changeover of 124 mercury vapour street lights to the more modern and energy saving high pressure sodium variety, adding to 12 HPS lights already in place and costing the town a total of \$51,925 for the conversion.

1998

A group of Elk Point Historical Society members and other interested individuals took the County of St. Paul's intention to use the 35-mile stretch of abandoned railway trackage between Heinsburg and Elk Point another step, dubbing it "The Iron Horse Trail" and vowing to explore ways in which the "linear park"

The Elk Point Review publishes a variety of opinions as a contribution to debate on matters of public concern. Unsigned editorials express the view of this newspaper's editorial board which includes the Publisher and the Editor. Signed pieces express the view of the individual writer.

could be developed into an attractive recreational asset. Elk Point Chamber of Commerce explored the hidden talents of its members at a community capacity building and asset mapping workshop, led by Jim MacLellan, who, for example, confessed to the ability to play the bagpipes.

2003

Alberta Job Corps workers from Lac La Biche and Calling Lake delivered loads of peeled logs to Fort George and Buckingham House Historic Site in readiness for the building of palisades, gates and corners on the original sites of the two fur trade forts. Bradley Young was honoured with a prestigious local entrance award from the Canadian Millennium Scholarship Foundation, receiving \$4,000 toward his tuition at any Canadian university or college, the award recognizing community involvement, leadership, innovation and economic leadership.

2008

Close to 140 former and present staff, their spouses and guests packed the Seniors Recreation Centre for the Elk Point Hospital Reunion, sharing memories, poring over photos and memorabilia and enjoying cookies from the same recipe "Ma" Holliday used to bake treats for the staff on Thursdays "way back when." Elk Point Regional Allied Arts Society got a \$15,000 boost from Canadian Natural Resources for their Arts and Leisure Centre, with the stage in and the renovations progressing so well that hopes wee high to have the facility ready for use by the end of October.

2013

The community of Ferguson Flats celebrated the centennial of its treasured landmark, the Fern Chapel School, with a crowd that included some of the school's former pupils on hand as County of St. Paul Division 1 Coun. Glen Ockerman rang the old brass hand bell, and visitors from tots to great-grandparents took their places at the vintage wood-and-cast-iron desks. Elk Point and District Lions Club hosted their largest and most successful Moose Lake Walleye Classic with 110 teams heading out on the lake in search of the whoppers that would total up to the top prize money.

ELK POINT REVIEW

5022 - 49 Avenue, Elk Point, AB

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or Box 159, St. Paul, Alberta T0A 3A0

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Vicki Brooker
EDITOR



Melanie McRae
SALES
FRONT DESK



Doug Bassett
SPORTS

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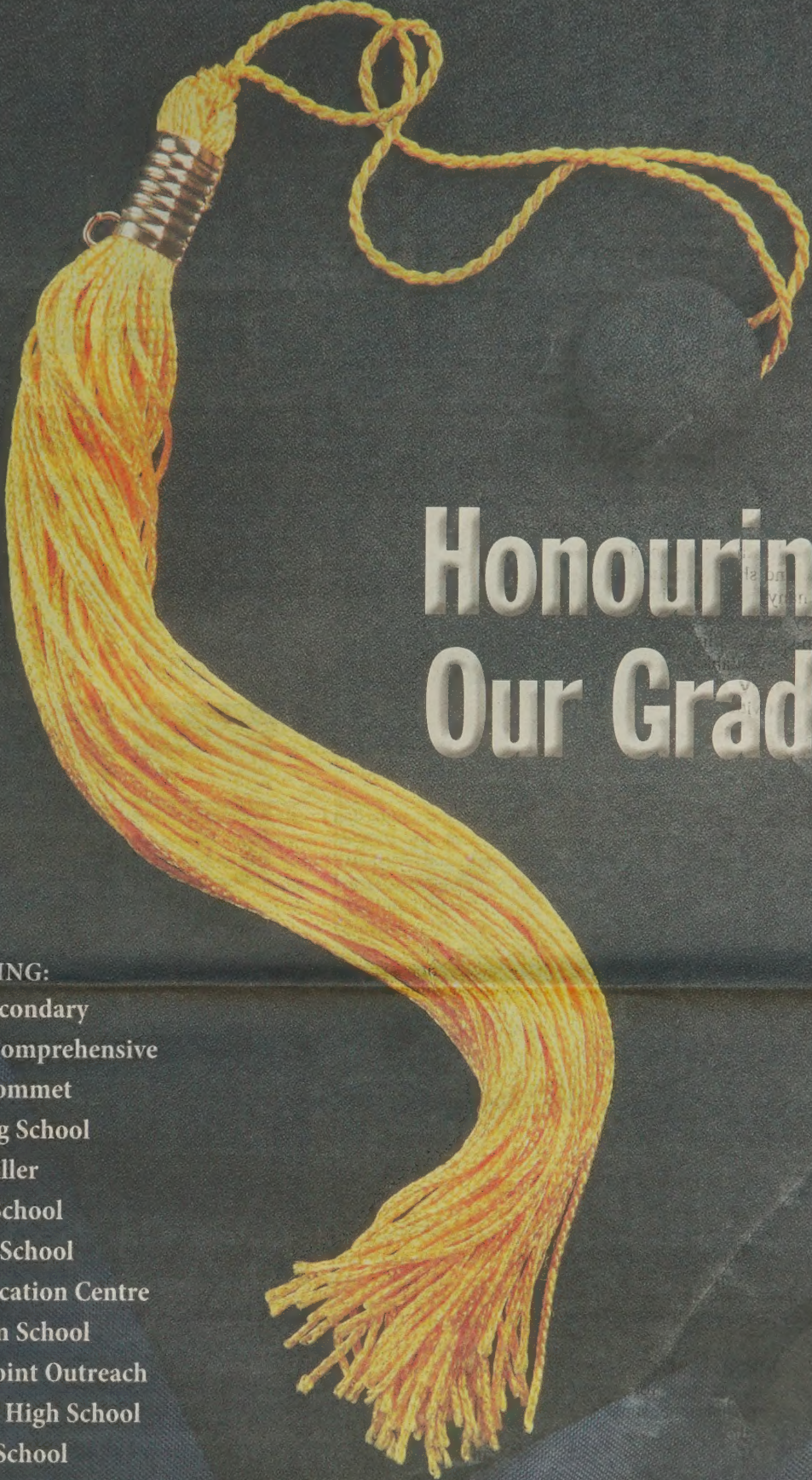
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- Glendon School
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- Kihew Asiniy Education Centre
- New Myrnam School
- SPAEC and Elk Point Outreach
- St. Paul Regional High School
- Two Hills School
- Vilna School

2018

GLENDON SCHOOL



Emma Crocker



Brett Foley



Paxton Gamblin



Justin Kwiatkowski



Blaine Lotsberg



Carlie Lotsberg



Erica Mack



Kyra Mack



Wyatt Nickerson



Tyler Pratch



Dominique Simard



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Brittney Stone



Sydney Theroux



Kain Tizzard



Jason Tran



Chaylee Vezeau



Karlee Voltner

Photos courtesy Lifetouch



Your hard work has paid off,
and graduation is your time to celebrate.
Remember that good decisions have led you here today,
so stay smart and celebrate responsibly.
We hope your graduation day is special in every way,
and we wish you much luck as you take the next step.



**Congratulations to all the
2018 graduates!**
From the County Council and Staff
County of St. Paul No. 19

ÉCOLE DU SOMMET



Lyon Cueva



Selena El Irani



Joffre Gratton



Shayne Hurtubise



Leon Kluthe



Patrick Larochelle



Kyle St. Laurent



Nicholas Tucker

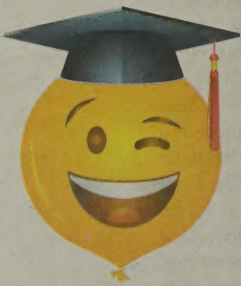
Photos courtesy
Lifetouch



**CELEBRATION - École
du Sommet grads cele-
brate the completion of
their high school edu-
cation on May 26.**

Grant Deme photo

UN GROS MERCI À:
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Lamoureux Culham LLP, MCSNet,
pour les commandites des
bourses SPEF



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le prochain défi avec la même énergie,
volonté et imagination.
félicitations!

ST. PAUL ALTERNATE EDUCATION CENTRE, ELK POINT OUTREACH, & HORIZONS



Joel Bull-Dubeau



Taneesha Cardinal



Memorii Desjarlais



Madison Fletcher



Alishia Girard



Byron Logan



Donald Makokis



Madison Makokis



Hannah Mealey



Nikita Sych



Bronson Woycenko

Photos courtesy Lifetouch

Class of 2018

The theory of happiness

GLEN BRODZIAK

Superintendent for St. Paul Education Regional Division

SPERD
Superintendent
Glen Brodzia

On behalf of St. Paul Education, I am honored to pass along a grad message to our esteemed Grade 12 students from across the division. It humbles me, as it is indeed a daunting task to come up with a noteworthy topic backed with a meaningful message. At minimum my goal is to maintain reader interest levels and keep you reading all the way to the end of my message. I know... optimistic!

This year, I have chosen to look at some of the world's greater minds and thinkers and see what they have for advice with respect to happiness and life contentment.

Abraham Harold Maslow was an American psychologist who was best known for creating a behavior theory of human needs. He believed 'self-actualization' or true happiness could be achieved by fulfilling five innate human needs in a specified order.

These five needs included psychological (basic first need for things like food and water), safety (security and shelter), love/belonging (need for relationships and affiliation with groups), esteem

(having confidence and respect from others) and finally self-actualization whereby one realizes their full potential and achieves a state of harmony. According to Maslow happiness or as he calls it 'life satisfaction' will increase if you achieve each of his levels in the particular, stated order.

Aristotle was an ancient Greek philosopher and in one of his books he tried to discover the 'best way of life' and give it meaning. He believes happiness is not a state but a continual activity where we must learn to cultivate our daily habits and behaviors to keep the inevitable hardships we will face in perspective.

He says happiness depends on 'ourselves'

and stresses we need to maintain a proper balance. This has been referred to as a middle ground approach to life where we practice reason and practicality, rather than chasing temporary 'quick' fixes and pleasures.

Aristotle speaks of the traits of friendship, kindness and generosity and using these as a foundation in making moral judgments and decisions. As for life advice perhaps Aristotle nailed it when he said, 'where your talents and the needs of the world cross; there lies your vocation.'

Other psychologists believe that we are born with one of two distinct types of brain circuits. One way we could be 'hardwired' is to treat others with total empathy – that is with respect, kindness and compassion. The other way we could be hardwired is for us to treat others as basically outsiders, resulting in expressions of fear, intolerance and disdain. Of course, both these modes of thought exist in most of us at some points in our life, but the key is which mode is more dominant? These same psychologists also believe that this hardwiring we get from birth can

be altered and it is possible for a child or adult to gradually expand the circle of people he or she can identify with.

Maybe, just maybe, Albert Einstein got it right when it comes to happiness and living a 'content' life. Einstein is a highly celebrated German physicist probably best known for his theory of relativity, but he also has a less known 'Theory of Happiness'. Here is the story as told by Dan Bilefsky of the New York Times (2017).

In 1922, Einstein was at the Imperial Hotel in Tokyo, where he was on a lecture tour, and had recently learned that he had won the Nobel Prize. When a bellboy delivered a message to the physicist, he fished in his pocket for some change to tip him and came up empty.

Instead, Einstein offered a tip in the form of his theory on how to have a happy life.

"A calm and modest life brings more happiness than the pursuit of success combined with constant restlessness," he wrote in German on a piece of hotel stationery.

On a second sheet, he wrote, "Where there's a will, there's a way."

Einstein told the bellboy, according to the

auction house, that if he was lucky, the notes might become more valuable than a regular tip. His words, befitting a man who had transformed our comprehension of the universe, were prophetic.

Of note, late in 2017 Einstein's theory of happiness was sold by Winner's Auctions and Exhibition, for \$1.56 million. Wonder if I was the owner of Einstein's handwritten notes, would I be 'happier' or have more 'life contentment'?

In conclusion we all know there will be ample curveballs thrown at us throughout our lifetimes.

I do like how Aristotle puts it that happiness rests with 'ourselves', because we can ultimately choose how we will react to life's messiness. And, of course Einstein's, 'nice and modest life' sounds pretty good too. In closing, whatever path you choose or however you define your own contentment, I wish you nothing but health and happiness.

So Much Promise
for the Future

Whatever Path You
Choose Or However
You Define Your Own
Contentment, We
Wish You Health And
Happiness!

CONGRATULATIONS
AND
GOOD LUCK
TO ALL OUR
2018
GRADUANDS!

Trustees and Staff



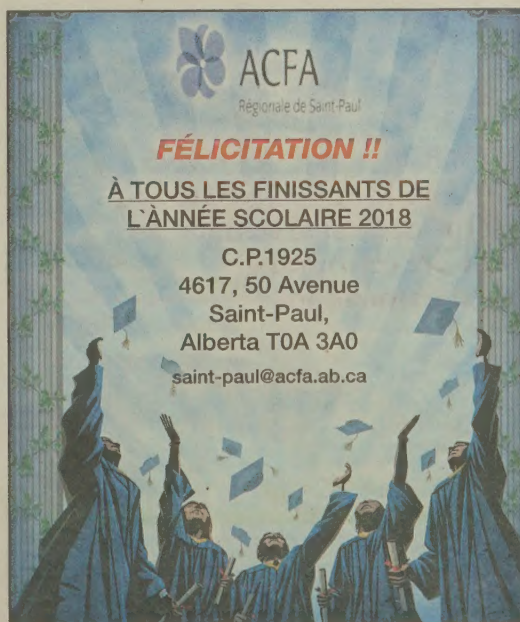
Wishing you a bright and beautiful future

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St. Paul, Alberta
780-645-6999

lacalabiche.stpaul.twohills@assembly.ab.ca



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Chloe Ozga



Amanda Price



Daniel Simpson



Garrett Smyl



Maria Wittmeier

Photos courtesy
SMART Photography

HEINSBURG SCHOOL



Jayden Abraham



Keara Abraham



Shayden Abraham



Rachael Delver-Dion



Justice Dion-Daniels



Aaliyah Stanley



Alyssa Stanley



Courtney Stanley-Whitehead

Missing
is: Tatum
Abraham

Photos courtesy
Heinsburg School

TWO HILLS SCHOOL



Lacey Chipeur



Colton Geier



Taylor Hoff



Landra Hutskal



Colten Lutzak



Mackenna Milder

Photos courtesy Lifetouch

NEW MYRNAM SCHOOL



Morgan Evans

Photo courtesy
Myrnam School





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Tyra Delver



Lori Houle-Blackman



Desirae Large



Jewel Moosewah



Therese Petrie



Bella Quinney



Savannah Saddleback



Shakina Shirt

Photos courtesy Lifetouch

Class of
2018



Congratulations
to the graduating class of 2018!

"What lies behind us, and what lies before us are small matters compared to what lies within us."
- Ralph Waldo Emerson

From all of us at St Paul Veterinary Clinic



CONGRATULATIONS (FÉLICITATIONS) to all the dedicated seniors who are celebrating their graduation!

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Fax 780-645-6507
www.stpaul-law.ca



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F: (780) 635-3003
www.amyotteweld.ca

Congratulations to the graduating class of 2018!



Here's to a Bright Future!
Your diploma is the fuel you need to achieve great things. May you light up the world with your ongoing accomplishments!

CONGRATULATIONS TO ALL OF THE 2018 GRADUATES!

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Photos by Icon Photography by Lifetouch

Congratulations, Graduates!



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you can achieve. Don't be afraid
to pursue your dreams!
May you continue to learn,
grow & reach new heights.

Congratulations & Good Luck!

Mayor Lorne Young & Family



WAY TO GO, CLASS OF 2018!

As you march across that stage to receive your diploma, know that all of us
are rooting for you. We've watched you grow and cheered you on through
good times and bad. Now that you're ready for the real world, remember
that we're always here to support your goals and dreams. Congratulations!



HAHN WELDING & OILFIELD SERVICES LTD.

Elk Point, AB / Dispatch: 780-645-0692

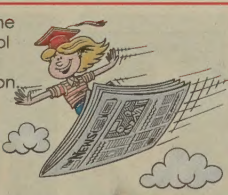
Wherever life takes you, the
lessons learned at school
will always help you
choose the right direction.

Congratulations & Best of Luck!

Vicki & Mel

Elk Point REVIEW

5022 - 49 Avenue
780-724-4087



The road ahead has many forks but
we know you will choose wisely!



BEST OF LUCK!

K+S Windsor
Salt Ltd.

Lindbergh Facility
Ph. 780-724-3745

Congratulations to
all the classes of 2018!
You will have many options
& decisions ahead of you.
Choose wisely!

Congratulations Grads!

Way to go graduates!!

RONA

CAL'S HARDWARE LTD.
4819-50 Street, Elk Point
Ph. 780-724-3763

We've known many of you
since you were toddlers.

The road ahead will have many paths,
but we know you will choose wisely.

GOOD LUCK!



Keep up the good work graduates!
Good Luck from all the staff at
Elk Point Elementary School

Life is like a checkerboard,
you'll have many decisions to
make, choose wisely.
Best of luck to all grads.

Congratulations to the Class of 2018!

Wanda Lynn's Body Shoppe

5022A-49 Ave., Elk Point • Phone 780-724-2700
Wanda Cochrane-Esthetician / Nail Technician



We have known many of
you since grade school &
we know you will make
great decisions!

Best of luck to all the 2018 Grads!



5105-46 Street,
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780-724-4067

GRADUATION Celebration

We watched you grow into young adults, with many
choices ahead of you. Choose wisely!

BEST OF LUCK CLASSES OF 2018!

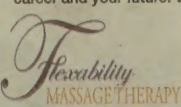
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4826 - 50 Street

happy graduation!

May your education and experience as a student serve you well in your
career and your future. We wish you much happiness and fulfillment.



BEST OF LUCK

Phone 780-724-3539

4817 - 50th Ave., Elk Point

You did it!
Congratulations,
Class of 2018!
Best of Luck to You!



Town of Elk Point
Mayor, Council & Staff

ST. PAUL REGIONAL HIGH SCHOOL



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Yvette Arde



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Maurice Chaboyer



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Kamryn Coleman



Shelby Cook



Samuel Delver



Sydney Dubelt



Madison Erasmus



Alexandra Estrada



Brayden Evans



Divinity Evans



Brandon Fedoruk



Skye-Lee Feland



Tyson Fontaine



Ayra Fouad



Jenna Gal



Nicolas Gamache



Clark Gates



Tyler Halfe



Kezia Hatch



Hailey Henderson
Ward



Jade Hernandez



Jessica Hippisley



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Lawrence



Sarah Jean



Dustin Klene



Kaylee Kotowich



Matthew Kotowich



Megan Kotowich



Emile Krekoski
Gauthier



Brandon Kulczycki



Lexis Labant



Kevin Lafreniere



Henri Laidley



Christopher Laing



Olivier Lampron

You dreamt, you strived and you are there.
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on your Graduation!
Well done Class of 2018!
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Kaylie LaPierre



Christian Laramée



Joseph Laurie



Savana Lavoie



Rane Ledesma



Brendan Levasseur

Congratulations
to
ALL OF THE
GRADUATES
OF 2018!

2018

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TO THE
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TO ALL THE
GRADUATES
OF 2018!

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Logan Kale



Dorian Lozeau



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Elizabeth Martin



Tyler Mcaliffe



Adam McDowell



Noah McFatrige



Kaylie Morris



Sadie Mudryk



Ariel Myer



Jaedyn Noel



Shellaine Noel



Daniel Nunweiler



Heidi Olson



Leah Pagé



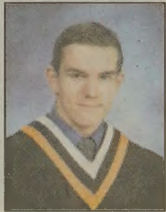
Justin Pasitney



Terrance Pasquayak



Colton Pederson



Chase Pelchat



Dylan Pinette



Isaac Porozni



Avry Potskin-Bamson



Mackenzie Poulin



Trista Preusche



Jalen Quinney-Cardinal



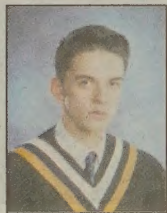
Zachary Rath



John Rivera



Karlie Schoff



Kale Seguin



Emily Shapka



Steven Singcol



Anthony Skulski



Lianna Small



Zane Smith



Laura Sych



Vincent Tac-an



Hope Tanasichuk



Alex Thomson



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Jacob Turkington



Anika VanBrabant



Jordan Vanden Berg



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Photos courtesy Lifetouch Photography



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Congratulations Graduates!

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All of the things you have learned in high school will be needed for your future life. Appreciate the grind of how hard it is because it prepares you for something much bigger than anything that you have seen.

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Graduation is an exciting time.
It marks an ending and a beginning; it's warm memories of the past and big dreams for the future.

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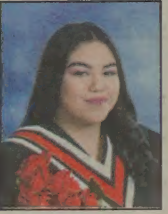
Ryley Cardinal-Quinney



Summer Cardinal



Daniel Castor



Breanna Crookedneck



Emma-Leigh Delver



Kiana Faithful



Summer Favel-Halfe



Alainna Favel



Novena Favel



Alec Houle



Sadie Houle



Kaylee Hunter



Billi-Jo Jackson



David Jackson



Paige Johnson



Jenaya Makokis-Logan



Georgia McConnell



Jodie Memnook



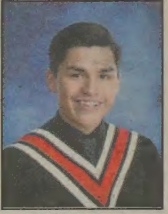
Keara Quinney



Mathew Quinney



Jaden Shirt



Trey Shirt



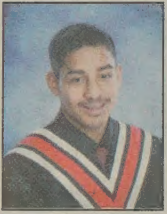
Andrew Sloan



Elric Smallboy



Hayden Snihur



Byron Steinhauer



Taylor Whitford



Individual photos by Life Touch

GRADUATION - (left)
This year's graduation class from Ashmont Secondary is the last class ever to graduate from the current building.

VILNA SCHOOL



Kyla Cardinal



Landon Cardinal



Laramy Cardinal



Lexi Cardinal



Myah Jackson



Leroy Moses



Cydney Night



Cain Oseemeemow



Jasmine Phillips



Franky Redcrow



Tayler Sirant



Raine Skeoch



Mikey Steinhauer



Amber Whitefish



Lee Wildcat

Missing is:
Remus Steinhauer

Photo by SMART Photography
and Vilna School

Class of
2018

CHIEF NAPEWEAW COMPREHENSIVE



Alice Quinney



Ay'Den Abraham



Bobbi-June Quinney



Cheyne Dion



Craig Dion



Danielle Dion



Destiny Faithful



Dharma Perez



Kristen Moyah



Kutter Eves



Megan Bull



Nathaniel Jackson



Zoe Quinney



Photos by Keestin O'Dell

**The Sky's
the Limit**

Sending out our congratulations
and best wishes to this year's
graduates! We know you'll soar
to even greater heights as you
embark on the next endeavor.
Good luck, and best wishes to
each and every one of you.



5901 - 48 Street,
Elk Point
Ph: 780-724-4090

4409 - 50 Avenue,
St. Paul
Ph. 780-645-5932





TIER ONE PEEWEE DIVISION WINNERS - The Elk Point Sox are the best of the best of 14 teams in the Lakeland League, after a final where 'Bazooka Joey' Cardinal was the Player of the Game.

Submitted photo



MIGHTY GOOD TEAM The Mighty Mitre Pumas defeated Bonnyville and Pierceland on Saturday in Pierceland to wrap up the season with success.

Submitted photo

Terrific weekend for Elk Point ball teams, despite rain delays, volunteer challenges

The Lakeland League finals are notorious for getting a hot and sticky weekend and almost always some kind of rain during the day, just to make everyone's day just a little more interesting, as if it wasn't already pretty jam-packed.

This year was no exception. A huge thunderstorm on Saturday shut down the ball diamonds in Elk Point and St. Paul and most likely some other places and postponed those games until Sunday. Trying to jam two days into one when the schedule is already full is a real test for the association's volunteers. Here in Elk Point we were hosting the peewee girls league finals on two diamonds, bantam boys provincial round on another diamond and mosquitoes provincials round robin on another diamond. Trying to find enough parents to do the concession, get diamonds ready, pitch count, score keep and find umpires is a challenge. Plus parents with more than one child are usually splitting up or sending their child with someone to get them all to the games. Some parents may have one child in a tournament Pierceland and another in Plamondon or Vermilion or anywhere else in the Lakeland.

But in the end of it all, almost all of our Elk Point teams had a terrific weekend, one of them even bringing home the gold medals. Our Peewee boys won the Tier One peewee division over eight other teams. They finished the league in fourth spot and the top eight teams played in one tier, the bottom six in the other. So out of 14 peewee teams in the Lakeland League, the Elk Point Sox are the best of the best. In the final game, bottom of the final inning, Lac

La Biche loaded the bases, down by a run and a full count would drive the ball to second base. Sox 'Bazooka Joey' Cardinal knocking the ball down and getting the final out on a force play at second to win the game.

'Bazooka Joey' was chosen the player of the game by his teammates, the Sox, the Lakeland League champs and bragging rights for the whole summer !! Great

job by the coaching staff, head coach Myrna Moroziuk, and her assistants, Tyler Loughran, Joshua Bateman, Jon Schmitt, Robyn Moroziuk and the team manager Melanie Poulin.

The Bantam boys, making a real run for the money, picked up the silver medal, making it to the Tier One final game and losing to a very strong ace pitcher from Lac La Biche in the end. Great job by head coach Brian Poitras and his assistant Dean Rogal. These boys have come a long way since the first day of spring training !

The rookie boys, playing in Bonnyville with only five players in the end, won the C final, winning all their games except one.

The Mosquitoes played the best games that they have all year in Cold Lake this past weekend winning two games and losing out for third place by only a run, despite having only eight players. Great job once more by head coach Dan Peterson and Chris Swedgan and Tanya Fontaine. The Mosquitoes provincial team, led by our minor ball president Dennell Anderson, who also hosted here at home, split the weekend, winning over Sherwood Park and losing to Lacombe. Margaret Bayduza is the manager.

The Bantam provincial team coached

by Tyler Warawa won one game on Saturday and lost two on Sunday.

Our Puma Peewee girls' softball teams did an excellent job of hosting the tournament here at home this past weekend. Hats off to all the parents and coaches for all their hard work volunteering and especially the Midget girls team for floating and chalking diamonds as well as selling 50/50s. Talk about giving back ! The tournament was a huge success, even after dealing with the rain that came down about 3 p.m. on Saturday, shutting down everything and forcing us to jam it all into Sunday. The Elk Point girls played in some very close games, coming in fourth overall. Great job by the head coach Melissa Skarsen and her staff.

The Bantam girls were down in Vermilion on the weekend, running into some very tough pitching against Lac La

Biche and Pierceland, losing both games on Saturday, they were eliminated.

The Mighty Mites won two out of three games up in Pierceland on Saturday, defeating Bonnyville and Pierceland.

The Squirt girls played up in Plamondon, losing out in the B final by two runs. Not too bad, I would say, considering they played three games back to back to get to the final. Another great job by head coach Kelly Radcliffe and her assistants and the team manager Lindsey Malchowski.

The Midget girls coached by D'Arcy Evans will be playing during the week for their league finals.

And now for the K. A. Campbell quote of the week. "It's pitching, hitting and defense that wins. Any two can win. All three make you unbeatable." - Joe Garagiola



doug BASSETT
Review Sports



County of St. Paul No. 19

TAKE NOTICE that the following Development Permits have been issued in accordance with Land Use Bylaw No. 2013-50 of the County of St. Paul No. 19

PERMIT NO.	LOCATION	
18-D0050	N.W. 14-57-10-W4M Lot 222, Block 6, Plan 7922205 Lower Therien	Accessory Building Height to be 17.50 feet instead of 14.75 feet. <u>Land Use District:</u> County Residential One (CR1) Discretionary Use
18-D0051	S.W. 25-55-7-W4M Lot 1, Plan 9722924	Construction of accommodation for housing multiple workers. <u>Land Use District:</u> Agricultural (A) Discretionary Use
18-D0052	S.W. 25-55-7-W4M Lot 1, Plan 9722924	Temporary Work Camp (housing agricultural workers; maximum of 10 occupants) <u>Land Use District:</u> Agricultural (A) Discretionary Use

Any person claiming to be affected by the said Development, may appeal within fourteen (14) days of this advertisement, to the Subdivision and Development Appeal Board by serving Notice of Appeal to the Secretary of the Subdivision and Development Appeal Board of the

County of St. Paul No. 19
5015 - 49 Avenue
St. Paul, Alberta
T0A 3A4

The appeal letter must contain at least one reason for appeal and if the development permit is a permitted use under the land use bylaw, no appeal applies unless the provisions of the bylaw were relaxed, varied or misinterpreted in the decision of the Development Authority. The appeal fee is \$200.00 (Refundable if appeal is successful).

June 26, 2018
Date

Chelsey Cartron
Development Authority Officer

ROYAL CANADIAN LEGION BR #100 - ST. PAUL

FUNDRAISING DINNER

Friday, June 29, 2018

Cocktails 5:00 p.m. • Supper 6:00 p.m.

St. Paul Extendicare Residents Council Fundraiser

Steak Night - Shirley's Trays & Odd Catering & CRJ Trucking

\$16.00 Adults • \$8.00 Children 12 & Under

Legion Open Fridays - 5:00 - 9:00 PM • Saturdays - 1:00 - 7:00 PM

July 14 - 303 British Rifle Shoot



On May 29, 2018, The Elk Point Jack & Jill Playschool students along with their parents went for their last Heritage Lodge visit of the Playschool year. The students greeted everyone with good morning handshakes and hugs and entertained everyone with some of their favorite songs from throughout the year and graduation songs. Everyone received one more hug before saying farewell and thanking the residents for having us four times throughout the school year. The students were treated to some tasty cookies. Smiles on faces, memories in everyone's hearts!! Take care everyone, see you in the Fall!!

Summer safety

(Continued from Page 4)

■ **Water Safety** - Many water-related accidents are preventable. Always wear a properly sized and fitted life jacket when boating; know your abilities as a swimmer and don't venture beyond your comfort level; use the buddy system; be aware of currents and learn what to do if caught in one; and always supervise children, even in very shallow water.

■ **Keep Cool and Stay Hydrated** - With summer heat, it's also extremely important to keep cool and hydrated to avoid heat exhaustion or stroke. Drink plenty of water throughout the day and pack extra water bottles in a cooler with lots of ice to keep them cold. Find a shady place to rest if you are getting

too hot. Know the symptoms of heat exhaustion; excessive thirst, nausea, fainting, cool and clammy skin, weakness, muscle aches, heavy sweating, slow heartbeat and dizziness.

■ **Avoiding Bears and Other Wildlife** - Food attracts a variety of critters, so raccoons, skunks and even bears could make an appearance during your trip. Never store scented products or food in your tent; instead, lock it in your car, put it in a separate tent or string it up in a tree if you are camping in the bush. Don't leave garbage out in the open, store food in airtight containers and clean up immediately after eating - otherwise you may have some unwelcome visitors.

■ **Transporting Food** - Keeping perishable foods at the appropriate temperature is vital to avoiding illness. Eat

fresh foods first and pack them in a cooler using plenty of ice to keep food from spoiling.

■ **Build Campfires Responsibly** - Check the official campground website beforehand to determine fire regulations. Use a fire pit if one is available, never leave the fire unattended and remember to fully extinguish it when you are done. If a fire pit is not available, create one well away from tent walls, plants, trees and other flammable objects.

■ **Getting Lost - and Found!** - Always tell someone where you are going. Have a set plan with a pre-determined meeting place if you get separated. Packing a whistle, cell phone and compass or GPS are always a good idea. Know what to do when you get lost and you'll always be found. Adventuresmart.ca is a great

resource for information on how to stay safe outdoors.

■ **Protect Against Insects** - Prime mosquito-biting hours are usually from dusk to dawn, but ticks are out at all times, so become familiar with insect and tick repellent and apply regularly.

■ **Prepare for the Weather** - Check the weather forecast before you pack. Weather can be unpredictable, so make sure to pack for a range of temperatures and rain.

■ **Bring the Right Gear** - Plan in advance and bring only certified essentials - you don't want to be lugging around unnecessary equipment or faulty gear. Don't forget to pack: a pocket-knife, first aid kit, extra clothing, water bottle, flashlight, extra trail food and matches and fire starters.

Stay safe, alert and aware!!

Roads

(Continued from Page 3)

Asked by Cliff Martin if the shoulders will deteriorate first, Roth said their experience is cracking appears at the chip seal area, not on the edges of the Roadtek stabilized section.

Director of Public Works Mark Chileen said using the product on in the Richland Road project will save the county \$89,000 by not having to do the road base, if Roadtek performs as promised. He'd like to try the product on a few problem areas in the county, on different types of road surfaces, to see how it holds up but the Richland Road is a priority.

"I'm asking you guys to take that risk. It's not extra money, it's redirecting money," Chileen said. "Keep the \$89,000 in the hip pocket until we see what it does."

Have a safe and happy Canada Day Weekend, everyone

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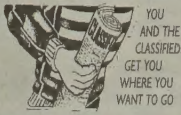
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The salary of the successful candidate will depend on the skills and experience of the individual. The position provides for a comprehensive benefits package. The position is based on 200 days per year (follows the school calendar).

For more information, contact Mr. Mark Tichkowsky, Principal at 780-645-4491.

Qualified persons wishing to be considered for this position are invited to forward resume by **Friday, June 29, 2018**, to:Mr. Mark Tichkowsky
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St. Paul, Alberta T0A 3A3

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E-Mail: mark.tichkowsky@spcrd.ca

In accordance with Board Policy, the successful applicant will be required to provide a current Criminal Record Check and Alberta Children's Intervention Check.

We thank you for your interest; however, only those applicants selected for interview will be contacted.

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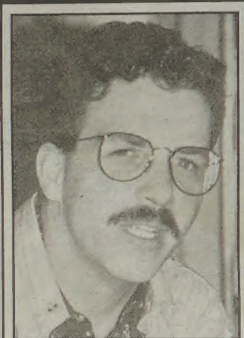
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The way you had to leave us, will always seem unfair. In all that life has given us and all that's left to do, we will never have a greater gift, then the time we spent with you.

To some you may be forgotten,

to others a part of the past, but to us that loved and lost you, your memory will always last.

We will always love and miss you with every passing day. The longing just to see you will never go away.

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Photos submitted and by Vicki Brooker



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For more information, check out our website at www.mohc.ca. You can also contact Keith Gamblin, principal of Myrnam Outreach and Homeschool Centre at gambkeit@sped.ca or at 780-366-3801.